

C101 Testimonials from Patients

“Having the CANCER101 Planner has helped me feel more prepared as I have met with all the various healthcare professionals in making decisions on moving forward with my treatment.” – **Donald F., lung cancer, Richmond, MN**

“The Planner and expandable folder helped me tremendously. I now have a sense of control and peace, which replaced anxiety and confusion. Thank you CANCER101.” – **Mary Y., breast cancer and melanoma, Vineland, NJ**

“What a fantastic tool! There is so much going on during the testing, diagnosis, surgery, and treatment process that just staying organized is empowering - and extremely helpful for me and my wife.” – **Frank C. colon cancer, Huntingdon Valley, PA**

“The CANCER101 organizer notebook is great. I love it! This is such a wonderful organized tool that I felt like it was Christmas receiving it. I don’t know how anyone could keep up with all that you have to do without this C101 packet.” – **Roberta M., Ovarian Cancer, Chicago, IL**

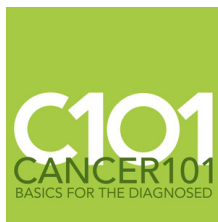
“I carry the Planner with me everywhere. I have every report, test, scan; whatever I have done from beginning to end. This is the best thing ever. Everyone should use this Planner. Thank you for caring so much. It has kept me right on track with everything I had to do or needed done. Great job!” – **Anthony G., Nasopharyngeal Cancer, Wenonah, NJ**

“I have been taking the Planner and the matching file folder to all my appointments and I just wanted to let you know I love, love, love it! You really thought of everything. I can’t tell you how much this has helped me. I have had the worst time keeping track of everything and this has really simplified things for me.” – **Liz T, Ovarian Cancer, New York, NY**

“I am so grateful to have such a wonderful asset to help me along my cancer journey. The CANCER101 Planner has kept things neat and orderly. It has helped me know what to expect. It has calmed my anxieties and fears. This truly is a treasure and I can't think of any way to make it any better.” – **Norma W., Breast Cancer, Golden, CO**

“I found the CANCER101 Planner very helpful. When I was first diagnosed, I was stunned and nervous. The planner helped me get organized and answered a lot of my questions. Even though I'm a retired nurse, there was a lot of information on new treatments and it was explained well and in easy-to-understand language.” – **Bonnie M., Breast Cancer, Las Vegas, NV**

“I love my CANCER101 planner. It helps me to keep track of everything, so I don't have to carry a big folder. It fits in my purse, and I can find everything I need easily. It's very helpful for my husband and family members too.” –**Frances R., Breast Cancer, Ontario, CA**



“A cancer diagnosis is very confusing and hard to deal with. The CANCER101 planner answered a lot of questions and helped me keep track of appointments and bills.” –**Pamela R., Breast Cancer, Kalispell, MT**

“I am a 25-year survivor of stage-4 ovarian cancer, so facing cancer is not a new issue with me. I only wish these materials would have been available to me at that time.” –**Margaret F., Breast Cancer, Tallahassee, FL**

“When I started looking through the CANCER101 Planner, I realized what a valuable tool I was handed. Everything I need will be in one place and at my fingertips when needed.” – **Maureen M., Breast Cancer, Andover, NJ**

“Thank you for a well-organized planner. It is very easy to use and very helpful in managing a life-changing disease. Keep up the good work!” –**Sara U., Lymphoma, Rancho Cucamonga, CA**

“The CANCER101 Planner has already been of use to me. It has explained things to me and my family and has helped me get organized. Thank you so much.” –**Hope R., Breast Cancer, Cedar Park, TX**

“The CANCER101 Planner has been a great resource to organize my life after the diagnosis of cancer. The planner gives us a peace-of-mind to know that I have all of my necessary information for my appointments. It gives my caregivers a central place to access my information and to keep my paperwork and appointments in order.” –**Debbi A., Breast Cancer, Walkersville, MD**

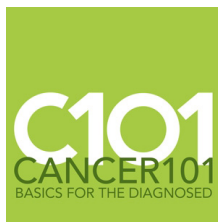
“When I was diagnosed with breast cancer in July 2010, my tightly organized world came to an end. From that day, when I received my CANCER101 Planner, my life has revolved around the accordion organizer and the notebook. I have tracked insurance, bills, and appointments in one place - a good thing when chemo brain set in! It was also a helpful place to begin my quest for specific information concerning my disease and treatment. Thank you CANCER101!” –**Judi N., Breast Cancer, Warner Robins, GA**

“The CANCER101 Planner helps in many ways. Thank you so much. You have helped us get rid of a lot of stress.” – **Donny C., Lymphoma, Fort Collins, CO**

“The CANCER101 Planner is a very helpful resource when you are going through a very scary time in your life.” –**Jackie S., Breast Cancer, Louisville, KY**

“One of the most helpful outcomes of the CANCER101 Planner is my being able to include notes and observations and paperwork files within the same body of comprehensive information.” –**Mildred S., Breast Cancer, Charlotte, NC**

“The CANCER101 Planner should be given to every patient the day they are given the diagnosis of cancer. The amount of information in the beginning is overwhelming and this book certainly is the best way to get and stay organized over the next ten years.” –**Michelle W., Breast Cancer, Irvine, CA**



“This planner is very helpful, especially if you love to stay organized. You can keep so much info at the tips of your fingers and can take it anywhere. I love my planner and others will too.” –**Marilyn B., Pancreatic Cancer, Willard, MO**

“I really enjoy the CANCER101 Planner. It keeps all my records, tests, medications, and Dr. appointments in one handy book that I carry with me to Dr. appointments and chemo. Thank you very much.” –**Lonnie L., Prostate Cancer, New Iberia, LA**

“At this point in my treatment there is a wild flurry of doctors and appointments and procedures that would be impossible to manage without this incredible planner.” –**Melissa S., Cancer, Wesley Chapel, FL**

“At 26 the last thing on my mind was cancer. This planner and filing system gave me some control and order to a disease that has no rhyme or reason.” –**Valerie B., Breast Cancer, Hollywood, FL**

“The mass of information put on you is overwhelming. The CANCER101 planner is a sanity saver. My number one tool. It takes away so much of the searching, stressing, and worrying about forgetting things. Thank you!” –**Vicky W., Breast Cancer, Holly Ridge, NC**

“This Planner was sent to me from a friend who is a cancer survivor. I have had it by my side since I was diagnosed with lung cancer. The Planner has been very helpful in giving me info on what, where, who, and why. Thanks a lot.” –**William H., Lung Cancer, Troy, NY**

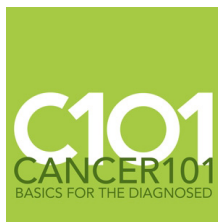
“When I received my CANCER101 planner, it was so full of information. I truly found it to be a lifeline! I was so overwhelmed with the news that I had cancer. I couldn't think! But I started to read the information in the planner and slowly everything started to make sense!” –**Karen S., Breast Cancer, Thompsonville, MI**

“This Planner has been a lifesaver. I thank my Navigator every time I see her and I refer to this book as my cancer bible. You have a creative and wonderful product. Thank you.” – **Linda P., Breast Cancer, Newhall, CA**

“The planner has helped me get organized. At first I felt completely lost, but then this tool gave me direction and great ideas for making this experience easier for myself and my family. Thank you for the planner. It is a wonderful gift and I am deeply grateful.” –**Marla W., Breast Cancer, Evansville, IN**

“I wish I had the planner and the accordion folder at the time I was first diagnosed. The information would have taken a great deal of stress & anxiety away from me, which might have made the medical parts of my stress easier to cope with. I am using this planner with this round of cancer and it is such a big help to me and my caregiver. Thank you so much for making it easier to deal with my cancer this time around.” –**Sarah M., Colorectal Cancer, Drake, CO**

“My specialists gave me the CANCER101 planner and it has made all the difference to set out on this journey prepared and organized! It gives me a feeling of control and I have all I need in one place - what a great tool. THANK YOU!!!” –**Lavinia M., Breast Cancer, Vienna, VA**



“The planner is great and the folder helps keep things organized until I get everything filed. I take the folder and book with me to each appointment.” –**Darlene W., Bladder Cancer, St. Ingoes, MD**

“This planner has been the most important "journal" for me. Thank you, thank you, and thank you for allowing to benefit from this resource.” –**Almarina B., Breast Cancer, Portland, OR**

“I was very excited when I received the C101 planner because I am a person who wants to have everything in one place and ready to pick up to take to the doctor when it is time to go. I don't want to have to go looking for anything. Now it is all together. I had a folder, but this is so much better and it is organized for my treatment and anything associated with my cancer treatment. Thank you for my wonderful gift.” –**Mona C., Breast Cancer, Medina, TN**

“This is one of the most informative and complete resources I have ever heard of for helping anyone cope with a serious illness. I have already shown my C101 planner to doctor offices that have not seen these materials. They have been impressed and some wrote the address down to order one! Knowledge is indeed power and these resources are empowering to patients who are very vulnerable. Thank you.” –**Charlotte J., Breast Cancer, Shelby, NC**

“You have put together a wonderful set of resources, as well as an easy to use organizational system. Thank you so much for this planner. One of my friends had started me with a binder, but this has been more helpful.” – **Susan P., Breast Cancer, Mapleton, IL**

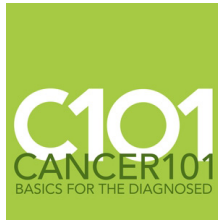
“This is a great organizational tool! What a great way to make my cancer journey more bearable. Thanks!” –**Leeza L., Breast Cancer, Liberty, KY**

“I was overwhelmed when I found out I had cancer. This planner kept everything in perspective for me.” –**Debby S., Breast Cancer, Yukon, OK**

“I found the planner very helpful at a very overwhelming time in my life. I received it the day I was diagnosed and it gave me a sense of control in a world that had suddenly spun out of control. This is an excellent way to keep everything in order and therefore in perspective. Thanks for being there in a very hard time in my life!” –**Gery T., Breast Cancer, Coldwater, OH**

“Thank you so much. I received my Planner in the mail and am absolutely amazed at how great this is. This is the best cancer tool I have seen in a long time.” –**Kristy R., Kidney Cancer, Minerva, OH**

“I absolutely love the CANCER101 Planner. It takes so much stress out of my life right now. Less stress with insurance, the many appointments made for Doctors and treatments. I love the "Medical History" section because it has been extremely helpful. The folder is also so useful. I can pull out what I need at a moment's notice. I take the whole thing to each and every Doctor's appointment. I really appreciate these items so much! I would be fumbling around in the dark trying to find my way through all this. It just seems to take the chaos and stress from the situation. It's like having someone guide you when you can't think straight from all the worry and stress. It has made my life more manageable. I feel so in



control of something instead of it having control of me. This is the greatest gift. Thank you!!” –**Deborah J., Breast Cancer, Humble, TX**

“Thank you for the wonderful planner. It is a resource that I am keeping close by. Thank you!” –**Theresa V., Breast Cancer, Havertown, PA**

“I just received my CANCER101 planner yesterday during my 1st session of chemo. I was looking for something exactly like this and couldn't find anything like it in a store. I love the symptom tracker & started it already. I'm very excited to use the planner! Happy to have a way to share info with my doctors with exact notes. Thank you!” – **Ingrid O., Breast Cancer, Ozark, MO**

“The CANCER101 information was invaluable, timely, very well presented, very informative, and all inclusive in a very manageable binder. I only wish I had this when I was a caretaker for my sister and mother. What peace of mind I would have felt. Thank you CANCER101.” –**Marsha C., Breast Cancer, Vineland, NJ**

“I am very appreciative of this planner; it has helped me tremendously. Thank you very much for this wonderful gift. I was trying to keep everything on a clipboard until I received this and I just LOVE it.” – **Loretta B., Breast Cancer, Gainesville, FL**

“The CANCER101 organizer has been great and informative. It is a lifesaver, especially when thinking about everything one has to deal with once you're diagnosed. Thanks so much - keep up the great job.” –**Debbie W., Breast Cancer, Clermont, IL**

“I want to thank CANCER101 for providing this material for people who are going through life changing types of cancer. Keep up the good work. Thank you.” –**Shirley T., Breast Cancer, Aurora, IL**

“Having the CANCER101 Planner has helped me feel more prepared as I have met with all the various healthcare professionals in making decisions on moving forward with my treatment.” –**Darlene M., Breast Cancer, Richmond, MN**

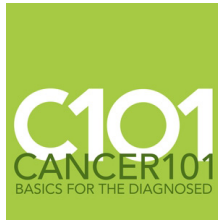
“This is a great resource. Thank you!” –**Laura M., Breast Cancer, Santa Cruz, CA**

“This planner helped me organize myself during a very difficult time in my life. I carry it with me to every appointment. It has been great.” – **Julie R., Breast Cancer, Fort Myers, FL**

“The planner was a great help as I had sticky notes everywhere. I had a manila folder and things would fall out and wasn't organized.” –**Patricia R., Breast Cancer, Stuarts Draft, VA**

“My surgeon's office gave me the planner at my first appointment and I used/ read the entire planner. It was very helpful and I will continue to use it!” – **Susan K., Breast Cancer, Georgetown, TX**

“The CANCER101 organizer notebook is great. I love it. I am a true organizer. This is such a wonderful organized tool that I felt like it was Christmas receiving it. I have only browsed through it. The first thing I



filled out was the "Medical History & Appt Tracker." I love this packet. I don't know how anyone could keep up with all that you have to do without this C101 packet." – **Rainey M., Breast Cancer, Chicago, IL**

"Very helpful and useful information. Everything in one place, calendar, appointments, addresses, etc. Great planner!" – **Tammy D., Breast Cancer, LaGrange, GA**

"Even though I'm an R.N. with over 30 yrs experience, I felt completely overwhelmed with all the tests and consults, as well as coping with the diagnosis, and all the bills and especially the treatments and its effects. The planner kept me organized and my daughters took all the notes and tape recorded the appointments while I listened to the provider. Having everything in one place was so helpful." – **Patricia D., Breast Cancer, Mesa, AZ**

"Thank you for the planner. The parts I haven't used yet will probably be useful in the future. It is helpful to have it all in one place." – **Carol Y., Breast Cancer, Fairfax, VA**