

# REDBOOK

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## YOUR BREAST CANCER TOOLBOX

If you're battling breast cancer—or someone you love is—here are five resources you shouldn't be without.

by REDBOOK writer  
and breast cancer  
survivor Gina Shaw

### ■ BreastCANCER101

From the moment you're diagnosed, you're deluged with paperwork. The breast-CANCER101 10-year planner, created by survivor Monica Knoll, helps you organize and understand it all. Order for \$29.99 plus shipping and handling from [cancer101.org](http://cancer101.org) or use the free online version.